

# Kravitz, Helang, M.D.

## Internal Medicine

**Specialty:** Internal Medicine

**Languages:** English, Chinese (Cantonese)

**Location:** 268 Canal Street, New York, NY 10013

Call for an Appointment

 (212) 379-6996



## About Helang Kravitz, M.D.

Dr. Kravitz is a board-certified internal medicine doctor and the Assistant Chief of Internal Medicine at the Charles B. Wang Community Health Center in Manhattan. She has more than 25 years of experience.

She diagnoses and treats a wide variety of conditions in adult patients. Dr. Cho also provides annual exams, immunizations, specialist referrals, and patient education, among other services.

Dr. Kravitz has a keen interest in preventative care, diabetes, and medical education. The physician-patient relationship is a collaborative partnership. She listens and educates her patients about their conditions and encourages them to take an active role in their care. Dr. Kravitz also empowers patients to adopt healthy lifestyle behaviors, such as exercising regularly and eating a balanced diet.

When not working, Dr. Kravitz enjoys spending time with her family, swimming, cycling, and hiking. Additionally, she has a black belt in martial arts and has completed a few marathons.

## Credentials

### Education and Training

**Medical School:** SUNY Stony Brook School of Medicine

**Undergraduate:** Sophie Davis School of Biomedical Education, CUNY

**Training:** North Shore University Hospital - Manhasset